



# SINÉAD DONNELLY

**MUSICAL THEATRE PERFORMER, DANCER, SINGER, ACTRESS,  
CHOREOGRAPHER**

DATE OF BIRTH: 01 April 1995  
 PLACE OF RESIDENCE: Cape Town  
 NATIONALITY: South African  
 ETHNICITY: White / Caucasian  
 LANGUAGES: English  
 ACCENTS: American (Standard & Southern), British (Standard),  
 Australian, Afrikaans  
 HEIGHT: 1.62m  
 FRAME: Slim  
 SIZES: Shirt / dress / pants 34 / Shoe – 5.5 / 6  
 Bust 34B / Chest 90/79cm / waist 74.5cm / hips 84.5cm  
 USUAL HAIR COLOUR: Dark brown  
 EYE COLOUR: Blue / Green  
 PERFORMANCE SKILLS: Acting – Stage & Screen, Dance – contemporary, modern, tap,  
 ballet, hip hop, jazz, partner & lift work, singing (mezzo  
 soprano), voice overs, Singing – musical theatre, pop, rock  
 OTHER SKILLS: Choreography, video editing & producing  
 SPORTS & HOBBIES: Yoga, running, swimming, water polo, obstacle course  
 training, hockey, kayaking, synchronized swimming  
 DRIVER'S LICENSE: Yes

**LINK TO ONLINE ARTIST PROFILE –**

<https://artevivamanagement.com/sinead-donnelly>

**MUSICAL THEATRE & DANCE PERFORMANCE**

Matilda – The Musical	Female Swing	International Tour (South Africa, Singapore, China, Hong Kong)	GWB Entertainment & Pieter Toerien Productions	2019-2020
Sound of Music	Local Nun Ensemble & Chaperone	Artscape Opera House	Pieter Toerien Productions	2018
Gardening & Other Distractions	The Person	National Arts Festival	Dir: Kimberley Buckle	2018
Little Grey Rabbit	Aunt Lucy Lamb	Artscape	Stagecraft Productions / Dir: Cheryl Abromovitz	2018
Spartacus of Africa	Ballet dancer	Artscape	SANDT / Dir: Veronica Paeper	2016
Sister Act: The Musical	Sister Mary Martin	Waterfront Theatre College	Dir: Paul Griffiths	2017
The Ugly Duckling	Multiple	Groote Schuur Stage	Liliput Productions / Dir: Elton John Duffy	2017
Annie	Chaperone	Artscape	Pieter Toerien Productions	2016
Broadway or Bust	Various Leads	Waterfront Theatre College	Dir: Garth Tavares	2016
Annual Dance Showcases	Dancer / soloist	Waterfront Theatre College	Dir: James Bradley, Shona Brabant and William Jones	2014-2017
The Crucible	Betty	Waterfront Theatre College	Dir: Paul Griffiths	2014
Pirates of Penzance	Maiden / Ensemble	Waterfront Theatre College	Dir: Paul Griffiths	2015
Legally Blonde The Musical	Delta Nu	Waterfront Theatre College	Dir: Paul Griffiths	2014
Stardust Theatrical Dining	Waiter / performer			2015 & 2017

**DANCE PERFORMANCE**

Triality Performance	Founder			2019
Collective	Member			
Darkroom	Trainee	Cape Town	Dir: Louise Coetzer	2018
Contemporary				
Expresso	Dancer	Live TV Show	SABC 3	2015-2018
Various Corporate gigs	Role	Various	Jenny Beck	2018
Various Corporate Gigs	Role	Various	AfrodizzyActs	2016-2018

Various Corporate Gigs	Role	Various	BrandSpankingNu	2018
DHL Stormers	Cheerleader	Various matches	DHL Stormers	2019
<b>THEATRE PERFORMANCE</b>				
Fool (2 hander)	Ella Hars	Theatre Arts Admin Collective	Keep the Act Alive	2018
Junk	Amber (lead)	Cape Town Fringe Festival And Galloway Theatre		2015 & 2016
<b>COMMERCIALS</b>				
Compare The Market	TVC	Featured Dancer	Moonlighting Productions	2018
<b>TEACHING EXPERIENCE</b>				
Musical Theatre, Drama, Tap			Waterfront Theatre College	2016-2019
Contemporary Dance			Cape Junior Ballet	2017-2018
Theatre Jazz, Body Conditioning & Tap			Byron Bure Academy of Theatre Arts	2018-2019
<b>CHOREOGRAPHY &amp; DIRECTING</b>				
The Dance Campaign – <i>fundraising dance video supporting environmental education</i>			Founder, director & choreographer	2020
The Producers	Choreographer		Constantiaberg Players	2018
Dans in Jou Taal	Choreographer		Kyknet	2018
Dancers love Dogs	Choreographer		Artscape	2017 & 2018
Various Corporate Events	Choreographer		Various venues	
<b>EDUCATION &amp; TRAINING</b>				
Performer's Diploma – Musical Theatre, Dance & Drama			Waterfront Theatre College, Cape Town	2014-2017
Advanced On-Screen Acting: Lights, Camera, Action			Channa Guildenys	2019
Licentiate Performing Arts (LTCL)			Trinity Guildhall	2018
Classical Ballet – Imperial Advanced 2			ISTD	2018
Modern – Imperial Advanced 2			ISTD	2017
Tap – Imperial Advanced 2			ISTD	2018
Classical Ballet – Advanced 1			RAD	2013
Tap – Associate Teaching			ISTD	2017
Drama Teaching (LTCL)			Trinity Guildhall	2018
Musical Theatre Workshops - Various			Anton Luitingh & Duane Alexander	
Cape Academy of Performing Arts				2000 - 2013
National Senior Certificate			Springfield Convent	2013
Jaqui Pells School of Ballet				1999 - 2013
<b>AWARDS &amp; ACHIEVEMENTS</b>				
Richard Loring Most Outstanding Overall Student			Waterfront Theatre College, Cape Town	2017
Best Choreographer			Waterfront Theatre College, Cape Town	2017
Best Musical Theatre Choreographer			Waterfront Theatre College, Cape Town	2017
ACT / Nedbank / DALRO Scholarship Finalist				2013